

# VIGO BATTLE OF TEAMS SUMMER 2019



## Regulation for the validation of qualifiers videos

1st of February to 31st of March, 2019



1. **General Rules**
2. **Record standards**
3. **Score and penalty**
4. **Ranking**



## **1. GENERAL RULES**

The participating teams (Teams from now on) will be responsible of the correct recording and sending of the qualifying event videos (Videos from now on) according to the rules imposed by the organisation of the “Vigo, Battle of Teams Summer 2019” (The Competition from now on). Teams will be also responsible of sending the videos inside the established deadlines and complying all the mandatory conditions for the acceptance of the video.

Each team must designate a captain. This, and only this, will be the person in charge of sending the videos and will be the contact person with the organization.

**Each video must be pre-judged before being sent. The team has to ensure that all the standards and requirements are met. The organisation will not accept any video that does not comply the recording standards. The non-compliance of this rule will automatically invalidate the video.**

The video HAVE TO be uploaded to youtube and the link of this uploaded video will be the uploaded to the wodbuster arena application. The evaluation sheet included in the training sheet will be sent by mail to the organization (poner mail)



## **2. RECORDING STANDARDS**

Each video has to meet a series mandatory requirements. In case of not meeting these standards, the recording will be rejected: (The non-compliance of these standards will immediately invalidate the video.)

**All team members must remain visible throughout ALL the recording.**

- a. A **chrono has to be visible throughout ALL the recording**. The vision of the chrono cannot be interrupted. The chrono can be physical (wall clock, laptop, smartphone ...) or digital, through recording application.
- b. The **necessary material** for each event must be **shown at the beginning of the video** and remain visible throughout the entire recording. **The weights of any material have to be announced ( barbells, plates, etc.) as well as specifications of any ergometer used.**
- c. The viewing area of the video can not be interrupted.
- d. **The recording angle** should allow to clearly identify the movement standards of each exercise. Movements out of plane, partially visible or out of sight are not permitted.

Each event announcement will specify all the movement technique requirements and will give a recording reference such as position and orientation of material, athletes placement, etc.



### **3. RANKING**

Once the classifying videos have been received, they will be evaluated, and there may be three possible results (in case the recording does not meet the minimum requirements explained above, it will be rejected):sobra, ya lo pones en la opción c

- a. Valid video: The athletes of the team meet the movement standards required in all required repetitions and the score they post is correct. Your score will be accepted.
- b. Video with penalty: If throughout the video the athletes do/make invalid repetitions ("no rep"), these will be subtracted from the total of repetitions made by the team. Poner penalizaciones por x no reps
- c. Invalid video: the video does not meet the recording standards